

Cheese/Heroin Resource List

Community Help Lines

- Greater Dallas Council on Alcohol and Drug Abuse* 214/522-8600
Information and referral help line; clearinghouse for drug information, resource materials, prevention, education. Operating Hours: M-F, 8-5
- Contact Counseling and Crisis Line* 972/233-2233
Telephone counseling; crisis prevention and intervention; general information and referral; TEEN CONTACT line for adolescents. phone answered 24/7
- Suicide and Crisis Center* 214/828-1000
Telephone counseling; information and referral, teen depression screening; grief support groups; phone answered 24/7
- Community Council of Greater Dallas* 2-1-1
Community helpline, general information and referral, phone answered 24/7

Adolescent Treatment

Free assessments; low or no cost for those who qualify

- Phoenix House* 214-999-1044 x3156
Residential/outpatient, 13-17, male/female
- Dallas Challenge/Phoenix Project*..... 214/942-5166
Outpatient, 13-17, male/female
- Nexus Recovery Center* 214/321-0156
Residential/outpatient, 13-17, female
- Holmes Street* 214/421-7580
Residential/outpatient, 13-17, male
- Value Options*..... 888-800-6799
To inquire about eligibility for enrolling in State-funded NorthSTAR behavioral health program

Law Enforcement

- Dallas ISD Police Department*..... 214/932-5627
To report cheese/heroin or other illegal drugs you encounter in your school
- Dallas ISD Police Narcotics Hotline* 214/932-5695
To report information about drug dealers or drug locations

DISD Resources

Dallas ISD Safe and Drug Free Schools..... 972/925-8040
Prevention and intervention strategies on substance abuse and to contact a licensed chemical dependency counselor (LCDC)

Student and Parent Engagement Department..... 972/925-3970
Information and resources on parent involvement and for addressing parent concerns

Youth and Family Centers..... 972/502-4190
Cost-effective, accessible and quality school-based health care and mental health care for Dallas ISD students and their families

Counseling Services 972/925-3505
Small group, individual, and in class guidance sessions

Health Services 214/925-3386
Physical assessments, medical referrals and support for students; teen pregnancy and parenting programs also available

Attendance and Truancy 972/749-2600
Provides truancy prevention, intervention and mandatory enforcement of the state's compulsory attendance law; weekly parent meetings held at North Dallas High School (Tues 6 pm). Counselors available daily from 8-4 at Lincoln Instructional Center, 5000 S. Malcolm X Blvd.

Other Resources

Centro de mi Salud 214-941-0798
Information for parents in Spanish

Salud Counseling 214-330-7950
Outpatient treatment (Oak Cliff)

Timberlawn 214-381-7181
Free assessments, inpatient detox for youth under the age of 12, phone answered 24/7

Web Sites

Greater Dallas Council on Alcohol and Drug Abuse (GDCADA)..... www.gdcada.org

HHS Region 3 Prevention Resource Center (GDCADA)..... www.prc3.org

Partnership for a Drug Free America (site for parents)..... www.theantidrug.com

Drug prevention information in Spanish:

http://www.drugfree.org/Parent/Connecting/Informacion_Sobre_Las_Drogas_Para_Los_Padres#