

Honorary Chair Elizabeth Showers Talks Power of Prevention



Recent research has revealed that nearly half of all high school students currently smoke, drink or use other drugs, and a third of these students meets the medical criteria for addiction. Adolescent substance abuse is now America's #1 preventable health problem.

To help prevent local youth problems with alcohol and other drugs *before* they occur, the **Power of Prevention Breakfast** will be held on **Tuesday, October 25, 2011**, at the Northwood Club.

Registration opens at 7:15 a.m., and the Breakfast will start at 7:30 a.m. The event benefits area youth programs for The Council on Alcohol & Drug Abuse. I consider The Council to be one of the most important organizations impacting the health, safety and productivity of our community's children, youth and families. Together with donors, volunteers, collaborators and staff, they touch more than 125,000

people annually and have served millions in their 65 year history.

This year's annual event features Rudy Gatlin, of the Grammy-winning Gatlin Brothers.

As Honorary Chair of the Power of Prevention Breakfast, I am grateful to be a part of this effort and to harness my purpose in life - giving back freedoms I have received through my own recovery.

I hope you'll plan to attend, and will purchase your ticket or table by calling 214.522.8600 ext. 232. Seating is limited, so please call right away. Deadline to purchase a ticket is October 14. I look forward to seeing you on Tuesday, October 25.

Let's work together to prevent one of the biggest problems our region, state and country are facing today. Together we can invest in area youth to prevent their use of alcohol, tobacco and other drugs and many life-altering consequences.

Please join me for this powerful breakfast,

Elizabeth Showers

Honorary Chair, Power of Prevention Breakfast

